

# List of Agencies who may be able to help - Havering

## Debt Advice Agencies

Free confidential advice on setting up agreements with creditors so that your debts are managed according to their priority and at a level which is within your budget

National Debt Line 0808 808 4000

Stepchange 0800 138 1111

Payplan 0800 2802816

## Citizens Advice Bureau

Independent, impartial and confidential advice given free on most areas of law

Havering

Drop In Service Available

Havering Citizens Advice Bureau

9 Victoria Road

Romford

RM1 2JT

## Local Authorities

Offering Housing Advice, Housing Benefit, Council Tax Support Help and Discretionary Housing Payments

Havering 01708 433996

## Emergency Assistance Fund

Offering basic bank accounts and loans

Havering Emergency Assistance 0208 507 9404

## Credit Union

Offering basic bank accounts and loans

Liberty Credit Union 01708 741899

## Foodbank

Havering Foodbank  
01708 386323 (Harold Hill)  
01708 745626 (Collier Row)  
01708 397484 (Rainham)

# List of Agencies who may be able to help – Tower Hamlets

## **Debt Advice Agencies**

Free confidential advice on setting up agreements with creditors so that your debts are managed according to their priority and at a level which is within your budget

National Debt Line	0808 808 4000
Stepchange	0800 138 1111
Payplan	0800 2802816

## **Citizens Advice Bureau**

Independent, impartial and confidential advice given free on most areas of law

Tower Hamlets	Drop In Service Available
	Whitechapel CAB
	Unit 32 Greatorex Street
	London
	E1 5NP

## **Local Authorities**

Offering Housing Advice, Housing Benefit, Council Tax Support Help and Discretionary Housing Payments

Tower Hamlets	0207 364 5001
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## **Emergency Assistance Fund**

Emergency assistance following disaster or emergency.

LBTH Emergency Assistance	<a href="http://www.towerhamlets.gov.uk/default.aspx?page=20393">http://www.towerhamlets.gov.uk/default.aspx?page=20393</a>
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## **Credit Union**

Offering basic bank accounts and loans

London Community Credit Union	570 Roman Road, Bow, London E3 5ES
	Tel: 020 7729 7729

## **Foodbank**

Tower Hamlets Foodbank	0203 609 0850
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# List of Agencies who may be able to help – Redbridge

## Debt Advice Agencies

Free confidential advice on setting up agreements with creditors so that your debts are managed according to their priority and at a level which is within your budget

National Debt Line	0808 808 4000
Stepchange	0800 138 1111
Payplan	0800 2802816

## Citizens Advice Bureau

Independent, impartial and confidential advice given free on most areas of law

Redbridge	Drop In Service Available
	Broadway Chambers
	1 Cranbrook Road
	ILFORD
	Essex
	IG1 4DU

## Local Authorities

Offering Housing Advice, Housing Benefit, Council Tax Support Help and Discretionary Housing Payments

Redbridge	0208 708 5690
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## Emergency Assistance Fund

Emergency assistance following disaster or emergency.

Redbridge Emergency Fund	0208708143
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## Foodbank

Redbridge Food bank	02085180056
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Swan Housing Association,

Tel no 0300 303 2500

# List of Agencies who may be able to help – Barking & Dagenham

## **Debt Advice Agencies**

Free confidential advice on setting up agreements with creditors so that your debts are managed according to their priority and at a level which is within your budget

National Debt Line	0808 808 4000
Stepchange	0800 138 1111
Payplan	0800 2802816

## **Citizens Advice Bureau**

Independent, impartial and confidential advice given free on most areas of law

Barking & Dagenham	Drop In Service Available
	55 Ripple Road,
	IG11 7NT

## **Local Authorities**

Offering Housing Advice, Housing Benefit, Council Tax Support Help and Discretionary Housing Payments

Barking & Dagenham	0208 227 2970
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## **Credit Union**

Offering basic bank accounts and loans

Liberty Credit Union	01708 741899
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## **Foodbank**

Dagenham Food bank	0208 595 0122
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Barking Food Bank	07507 648 948
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Swan Housing Association,  
Tel no 0300 303 2500

# List of Agencies who may be able to help – Newham

## Debt Advice Agencies

Free confidential advice on setting up agreements with creditors so that your debts are managed according to their priority and at a level which is within your budget

National Debt Line	0808 808 4000
Stepchange	0800 138 1111
Payplan	0800 2802816

## Citizens Advice Bureau

Independent, impartial and confidential advice given free on most areas of law

Newham	Drop In Service Available 71A Coolfin Road, Custom House, London E16 3AP
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## Local Authorities

Offering Housing Advice, Housing Benefit, Council Tax Support Help and Discretionary Housing Payments

Newham	0208 430 2000
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## Emergency Assistance Fund

Emergency assistance following disaster or emergency.

Newham Emergency Assistance 0203 373 1180

## Credit Union

Offering basic bank accounts and loans

New Cred	020 8555 5388
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## Foodbank

Newham Food bank	0207 484 3060
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Swan Housing Association,

Tel no 0300 303 2500

# List of Agencies who may be able to help – North Essex

## Floating Support Agencies

Floating Support is a short term service that provides support to people who may be experiencing problems with managing their day to day life

Family Mosaic 0800 288 8883

One Housing Group 0300 123 1921

## Debt Advice Agencies

Free confidential advice on setting up agreements with creditors so that your debts are managed according to their priority and at a level which is within your budget

National Debt Line 0808 808 4000

Stepchange 0800 138 1111

Payplan 0800 2802816

## Citizens Advice Bureau

Independent, impartial and confidential advice given free on most areas of law

Braintree 0844 477 0808

Chelmsford 0844 993 8667

Harlow 0845 120 3717

Uttlesford 01799 618840

## Local Authorities

Offering Housing Advice, Housing Benefit, Council Tax Support Help and Discretionary Housing Payments

Braintree 01376 552525

Chelmsford 01245 606606

Harlow 01279 446655

Uttlesford 01799 510510

Swan Housing Association,  
Pilgrim House, High Street, Billericay, Essex CM12 9XY  
Tel no 0300 303 2500

# List of Agencies who may be able to help – Central Essex

## Floating Support Agencies

Floating Support is a short term service that provides support to people who may be experiencing problems with managing their day to day life

Family Mosaic 0800 288 8883

One Housing Group 0300 123 1921

## Debt Advice Agencies

Free confidential advice on setting up agreements with creditors so that your debts are managed according to their priority and at a level which is within your budget

National Debt Line 0808 808 4000

Stepchange 0800 138 1111

Payplan 0800 2802816

## Citizens Advice Bureau

Independent, impartial and confidential advice given free on most areas of law

Essex CAB 0844 477 0808

## Local Authorities

Offering Housing Advice, Housing Benefit, Council Tax Support Help and Discretionary Housing Payments

Basildon 01268 533333

Brentwood 01277 312500

Swan Housing Association,

Pilgrim House, High Street, Billericay, Essex CM12 9XY

Tel no 0300 303 2500

# List of Agencies who may be able to help – South Essex

## Floating Support Agencies

Floating Support is a short term service that provides support to people who may be experiencing problems with managing their day to day life

Family Mosaic 0800 288 8883

One Housing Group 0300 123 1921

## Debt Advice Agencies

Free confidential advice on setting up agreements with creditors so that your debts are managed according to their priority and at a level which is within your budget

National Debt Line 0808 808 4000

Stepchange 0800 138 1111

Payplan 0800 917 7823

## Citizens Advice Bureau

Independent, impartial and confidential advice given free on most areas of law

Essex CAB 0844 477 0808

## Local Authorities

Offering Housing Advice, Housing Benefit, Council Tax Support Help and Discretionary Housing Payments

Basildon 01268 533333

Castle Point 01268 882200

Rochford 01702 546366

Southend 01702 215000

Thurrock 01375 652652

Swan Housing Association,

Pilgrim House, High Street, Billericay, Essex CM12 9XY

Tel no 0300 303 2500